

SOUP

1. Roasted tomato soup with basil £2.75 (£1.75 Pensioner) (V)
2. Creamy vegetable broth with pearl barley and parsley £2.75 (£1.75 Pensioner) (V)
3. Cream of butternut squash with coconut, lemongrass and kafir lime leaf £2.75 (£1.75 Pensioner) (V)
4. Sweet minted pea and ham hock £2.75 (£1.75 Pensioner)
5. Chicken and sweetcorn soup £2.75 (£1.75 Pensioner)
6. Minestrone soup £2.75 (£1.75 Pensioner) (V)
7. Creamy celery and cauliflower soup with smoky bacon and chives £2.75 (£1.75 Pensioner)

BEEF

8. Really tender slow cooked beef in red wine, mushrooms, garlic and thyme with creamy mashed potatoes and roasted vegetables £5.95 (£3.95 Pensioner)
9. Cheddar cheese topped cottage pie in gravy with broccoli, carrots and peas £5.95 (£3.95 Pensioner)
10. Beef and vegetable lasagne with a roasted tomato sauce and creamy cheese bechamel £5.95 (£3.95 Pensioner)
11. Slow braised rich bolognese with sautéed spaghetti and Reggiano parmesan cheese £5.95 (£3.95 Pensioner)

CHICKEN

12. Spicy Jamaican jerk chicken, coconut rice and beans with garlic fried broccoli £5.75 (£3.75 Pensioner)
13. Smoked pancetta wrapped roasted chicken breast in a white wine, mushroom, and tarragon creamy sauce, leek mash and roasted vegetables £5.95 (£3.95 Pensioner)
14. Chicken, vegetable and coconut Thai red curry with Jasmin rice £5.75 (£3.75 Pensioner)
15. Creamy chicken and smoked bacon in a mushroom, garlic and mushroom sauce on a buttered saffron rice pilaff £5.95 (£3.95 Pensioner)

LAMB

16. Lamb and spinach rogan josh with pilau rice £5.95 (£4.25 Pensioner)
17. 16hour slow roasted lean shoulder of lamb with dauphinoise potatoes, roasted vegetables and a rosemary, garlic sauce and redcurrant sauce £8.50 (£6.50 Pensioner) (Amazing)
18. Shepherd's pie in gravy with peas, carrots and broccoli £6.25 (£4.25 Pensioner)

PORK

19. Honey roasted sausages, buttered mashed potatoes, caramelised onion and thyme gravy with peas £6.25 (£4.25 Pensioners)

20. Honey and mustard glazed smoked ham with a mushroom, garlic and rosemary cream sauce with new potatoes and steamed vegetables £6.50 (£4.50 Pensioners)
21. Roasted loin of pork with an apple, pink peppercorn and grain mustard sauce with leek mash and roasted vegetables £5.95 (£3.95 Pensioners)

FISH

22. Teriyaki salmon with ginger and garlic fried rice and sautéed green vegetables £6.95 (£4.95 Pensioner)
23. Cheddar cheese topped creamy fish pie with peas, carrots and broccoli £6.50 (£4.50 Pensioner)
24. Steamed fillet of basa with a chardonnay, mushroom and dill cream sauce, sautéed spinach and buttered mash potatoes £6.50 (£4.50 pensioner)

VEGETARIAN

25. Fragrant vegetable Keema with Aloo Gobi, onion bhaji and basmati rice £6.25 (£4.25 Pensioner)
26. Roasted portobello mushrooms filled with creamy garlic leeks, broccoli, and cashew nuts glazed with Cheddar cheese Welsh rarebit, sautéed green beans and roasted new potatoes £6.50 (£4.50 pensioner)
27. Purple sprouting broccoli, baby sweetcorn, chestnut mushrooms and spring onion stir fry with hoi sin sauce, garlic and ginger fried coriander rice £6.50 (£4.50 pensioners)
28. Ratatouille with basil pesto, mozzarella and Parmesan cheese £5.75 (£3.75 Pensioner)

DESSERTS

29. Sticky toffee pudding with pecans £3.25 (£1.95 pensioner)
30. Apricot, raisin and toasted almond bread and butter pudding with creamy custard £3.25 (£1.95 pensioner)
31. Triple chocolate and hazelnut brownie £3.25 (£1.95 pensioner)
32. Steamed lemon sponge with lemon syrup and custard £3.25 (£1.95 pensioner)
33. Refreshing lemon tart with raspberry coulis £3.25 (£1.95 Pensioner)